



# Arts Academy at Estrella Mountain 5-8 Menu

# January 2019



## BREAKFAST AND LUNCH

|   | Tuesday 8   | Wednesday 9   | Thursday 10  | Friday 11   |
|---|---|---|--|---|
| <p><b>"This institution is an equal opportunity employer"</b></p> <p>Breakfast is served in the classroom every day</p>   | <p>Chicken Patty Sandwich<br/>Bean &amp; Cheese Burrito<br/>Sunbutter &amp; Jelly w/ cheese stick</p> <p>Seasoned Corn<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Bagel<br/>Juice and Fruit<br/>Choice of Milk</p>              | <p>Beefy Nachos<br/>Chicken &amp; Waffles<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Carrot Sticks<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Donuts<br/>Juice and Fruit<br/>Choice of Milk</p>                    | <p>Tangerine Chicken w/ Rice &amp; Fortune Cookie<br/>Corn dog<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Broccoli<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Cinnabun<br/>Juice and Fruit<br/>Choice of Milk</p>                | <p>French Bread Cheese Pizza<br/>Hot Dog<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p><b>SPECIAL TREAT</b><br/>Green Beans<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>mini cinnis<br/>Juice and Fruit<br/>Choice of Milk</p>  |
| Monday 14   | Tuesday 15  | Wednesday 16  | Thursday 17  | Friday 18   |
| <p>General Tso Chicken w/ Rice &amp; Fortune Cookie<br/>Chicken &amp; Waffles<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Green Beans<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Pop tart<br/>Juice and Fruit<br/>Choice of Milk</p> | <p>Cheeseburger<br/>Beef Soft Taco<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Pinto Beans<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Chocolate Filled Crescent Roll<br/>Juice and Fruit<br/>Choice of Milk</p>                | <p>Chili W/ Fritos<br/>Corn dog<br/>Sun Butter and Jelly w/ cheese stick</p> <p>Carrot Sticks<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Donuts<br/>Juice and Fruit<br/>Choice of Milk</p>                                | <p>Sweet &amp; Sour Chicken w/ Rice and Fortune Cookie<br/>Chicken Soft Taco<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Broccoli<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Donut bar<br/>Juice and Fruit<br/>Choice of Milk</p> | <p>French Bread Pizza<br/>Chicken Tenders<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p><b>SPECIAL TREAT</b><br/>Seasoned Corn<br/>Fruit<br/>Choice of Milk</p> <p><b>Breakfast</b><br/>Frudel<br/>Juice and Fruit<br/>Choice of Milk</p>   |
| Monday 21   | Tuesday 22  | Wednesday 23  | Thursday 24  | Friday 25   |
| <p>NO SCHOOL<br/>Civil Rights Day</p>   | <p>Tangerine Chicken w/ Rice &amp; Fortune Cookie<br/>Chicken Patty<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Carrot sticks<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Bagel<br/>Juice and Fruit<br/>Choice of Milk</p> | <p> Cheeseburger<br/>Crunchy Taco<br/>Sun Butter and Jelly w/ cheese stick</p> <p><b>SPECIAL TREAT</b><br/>Frozen Veggie Cup<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Donuts<br/>Juice and Fruit<br/>Choice of Milk</p> | <p>Chicken Tenders<br/>General Tso Chicken w/ Rice &amp; Fortune Cookie<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Broccoli<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Cinnabun<br/>Juice and Fruit<br/>Choice of Milk</p>       | <p>Mini Corn dogs<br/>French Bread Pizza<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p><b>SPECIAL TREAT</b><br/>Baked Beans<br/>Fruit<br/>Choice of Milk</p> <p><b>Breakfast</b><br/>mini cinnis<br/>Juice and Fruit<br/>Choice of Milk</p>   |
| Monday 28   | Tuesday 29  | Wednesday 30  | Thursday 31  | <p>all <b>complete</b> meals served to students are free of charge</p> <p>ala carte items available for purchase</p> <p><b>MENU IS SUBJECT TO CHANGE</b><br/><b>Food Service Director</b><br/>Jenny Michael<br/><a href="mailto:jmichael@plcharterschools.org">jmichael@plcharterschools.org</a><br/>480.298.5302</p> |
| <p>Sweet &amp; Sour Chicken w/ Rice and Fortune Cookie<br/>Cheeseburger<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Green Beans<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Pop tart<br/>Juice and Fruit<br/>Choice of Milk</p>       | <p>Chicken Patty<br/>Bean &amp; Cheese Burrito<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Seasoned Corn<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Chocolate Filled Crescent Roll<br/>Juice and Fruit<br/>Choice of Milk</p>  | <p>Beefy Nachos<br/>Chicken &amp; Waffles<br/>Sun Butter and Jelly w/ cheese stick</p> <p>Carrot Sticks<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Mini Donuts<br/>Juice and Fruit<br/>Choice of Milk</p>                      | <p>Tangerine Chicken w/ Rice &amp; Fortune Cookie<br/>Corn dog<br/>Sun Butter &amp; Jelly w/ cheese stick</p> <p>Broccoli<br/>Fruit<br/>Variety of Milk</p> <p><b>Breakfast</b><br/>Donut Bar<br/>Juice and Fruit<br/>Choice of Milk</p>               |   |