

Arts Academy at Estrella Mountain

October 2017



BREAKFAST AND LUNCH

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Chicken Patty Sandwich Corn Dog Chef Salad Baked Beans Fruit Variety of milk	Teriyaki Chicken w/ chow mein Bean & Cheese Burrito Italian Sub Broccoli Fruit Variety of milk	Chili Cheese Fritos Mini Cheeseburger sliders Fruit & Yogurt Plate Carrot Sticks Fruit Variety of milk	Oven Baked Chicken w/ roll Honey BBQ Beef Rib Sandwich Tuna Salad Sandwich Green Beans Fruit Variety of milk	Cheese Pizza Chicken Nuggets w/ roll Chicken Ranch Salad Seasoned Corn Fruit Variety of milk
Cereal Bar w/ cheese stick Juice Choice of milk	Chocolate mini donuts fruit Choice of milk	Cinnamon Crumble Cake fruit Choice of milk	Super Donut w/ yogurt fruit Choice of milk	Sausage Biscuit Juice Choice of milk
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
NO SCHOOL FALL BREAK				
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
NO School TEACHER INSERVICE	Thai Sweet Chili Chicken w/ rice Corn dog American Sandwich Broccoli Fruit Variety of Milk	Mini Cheeseburger Bean & Cheese Burrito Chef Salad Green Beans Fruit Variety of milk	Chicken Tenders w/ roll Cheeseburger Fruit & Yogurt Plate Carrot Sticks Fruit Variety of milk	French Bread Pizza Chicken Nuggets w/ roll Tuna Salad Sandwich Seasoned Corn Fruit Variety of milk
	Breakfast Cereal Bar w/ string cheese fruit Choice of milk	Breakfast Cinnabun fruit Choice of milk	Breakfast Giant Goldfish w/ yogurt fruit Choice of milk	Breakfast Egg and Cheese Empanada juice Choice of milk
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Thursday 27
Chicken Patty Sandwich Corn Dog Chef Salad Green Beans Fruit Variety of Milk	Tangerine Chicken w/ chow Mein Chicken Nuggets w/ roll Italian Sub Broccoli Fruit Variety of Milk	Mesquite Glazed Chicken w/ roll Beef Soft Taco Crispy Chicken Wrap Seasoned Corn Fruit Variety of milk	Enchilada w/ rice Cheeseburger Fruit and Yogurt Plate Carrot Sticks Fruit Variety of milk	Nachos Honey BBQ rib patty Sandwich American Sandwich Pinto Beans Fruit Variety of milk
Breakfast Cereal Bar w/ string cheese juice Choice of milk	Breakfast Apple Crumble Cake w/ string cheese fruit Choice of milk	Breakfast Cinnabun fruit Choice of milk	Breakfast Cinnamon Crumble Cake fruit Choice of milk	Breakfast Beef Sausage Biscuit juice Choice of milk
Monday 30	Tuesday 31	Wednesday	Thursday	Friday
Mini Cheeseburger Sliders Chicken Fajita Tuna Salad Sandwich Pinto Beans Fruit Variety of Milk	General Tso Chicken w/ rice Corn Dog Chef Salad Broccoli Fruit Halloween Treat Variety of Milk		<p><i>"This institution is an equal opportunity provider"</i></p>	All Complete meals served to students are free of charge ala carte items are available for purchase
Breakfast Pop tarts w/ yogurt Juice Choice of milk	Breakfast Cereal Bar w/ string cheese fruit Choice of milk		BREAKFAST IN THE CLASSROOM EVERYDAY	Food Service Director Jenny Michael jmichael@plccharterschools.org 480.298.5302 MENU IS SUBJECT TO CHANGE